

MONTROSE TENNIS CLUB NEWSLETTER

AUTUMN 2010

BRITISH TENNIS
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Welcome to our first season under floodlights and so play continues

National news

Recently Jonny O'Mara secured the British National boys under 16 title, and then Elena Baltacha has become the first Scotswoman ever to reach the top 50 in the world tennis and the first Briton for 16 years.

Membership

A very big thanks to you all for promoting our tennis membership, bringing along friends, attending coaching, competing in competitions and socialising. Our membership has reached 230 and there is a new rate for winter membership should you have some friends who wish to become members. Please may we ask you all to join British Tennis membership too, it is free, this is where you can get your rankings but more importantly as a Club we are assessed on how many members we have, this number will also determine how many Wimbledon tickets the club are allocated and how we can justify funding from L.T.A. www.LTA.org/membership

Coaching Programme

Graeme's coaching plan for the winter season of tennis is on the website which remains updated by Simone in Canada so log onto www.montrosetennisclub.org. A brief programme of events is also attached so you can see where you may enjoy playing the autumn competition schedules or social sessions. Please work with us, this is all a new venture for your committee, though not for the coach; he told us to tell you to add a layer of clothes and keep playing. So there is your challenge.

Access to tokens for the floodlights: There is to be a box of tokens left in clubhouse kitchen (coffee cupboard) with an honesty box beside it. Each token is still at the introductory offer of £2.00 for half an hour. (We haven't had an electricity bill yet!) Insert token into the meter of the court you wish, located on the outside of the attendants office and off you go. Graeme Walker and committee members have access to tokens too as well as Jamie Pert who is located nearby the courts. The lights look amazing when they are on, so many people have commented on how busy it looks.

Fundraising in memory of Edith

Friday 22nd October is PINK Friday (Breast Cancer Care Day) and we are going to hold a fundraising fun evening of entertainment at the club. This event will be held in memory of Edith Low, who was our secretary a few years ago and passed away earlier this year. Edith's encouragement and zest for life is very much missed and I am sure everyone will know of someone who is affected by this cruel disease. So please whether at mini tennis or calling into the club or playing in the twilight tournaments wear something **PINK. 3.30 onwards.** Any bright ideas for entertainment and fundraising please contact committee member.

GRAND PRIX TENNIS FOR ALL

Montrose Tennis Club is privileged to hold a pre qualifying event 29th/30th and 31st October. If you are a competitive tennis player this is the tournament for you. We need a minimum of 16 men and 8 women, so come on enter www.lta.org.uk "click on enter" and enter tournament SC0603 and play at Montrose or see Graeme, details and entry forms are in the Club House Entries must be in by 17th October. Male players rated 10.2 – 6.2 and females 10.2 – 7.2. Please support this event by playing or coming along to watch.

Tayside Tennis League Report

Men's first team	winner	of Division 3 and promoted to Division 2
Men's second team	winner	of Division 6 and promoted to Division 5
Ladies first team	winner	of Division 3 and promoted to Division 2
Henderson Vase Team 1	winner	of Division 3 and promoted to Division 2
Henderson Vase Team 2	3rd	in Division 4
Henderson Vase Team 3	5th	in Division 5

Great ambassadors: to the many members who played for the first time in leagues it was well documented all over Tayside that we are a developing club, the future lies with you all continuing to learn and what great fun you all brought to Monday and Thursday nights not to mention the suppers afterwards.

The club is indebted to the match secretaries whose tireless work to get teams of six players together to compete in the large geographical area of Tayside was wonderful. Caroline Stewart, Chad Neighbor, Graeme Newton, Simone Bradford/Diane Forbes, Linda Cuthill, Rhona Alston, Gillian Eeles and Lindsay Soutar.

Car parking

Please remember to be considerate to the club's neighbours who need access to their homes. Thank you.

The Club Championships

Thank you all for your entries into the championships, we still have the Fun Doubles to complete but what a lovely Championship Day – we sincerely hope you enjoyed it, the standard of play was terrific, not to mention the wonderful buffet of food to nibble on.

Congratulations to our 2010 winners:

Men's champion	Graeme Walker	Runner up	Nicky Whitecross
Ladies champion	Linda Cuthill	Runner up	Caroline Stewart
CV Baxter: Junior	Scott Lorimer	Runner up	Cameron Eeles
CV Baxter: Senior	final still to be played for as we went to print finalists	Chad Neighbor v Murray Pert	
Ladies Doubles:	Linda Cuthill, Jen Richardson	Runner up	Caroline Stewart and Gillian Inglis
Mens Doubles:	Graeme Walker, Alistair Sievwright	Runner up	Nicky Whitecross & Ritchie Wallace
Mixed Doubles:	Graeme Walker & Jen Richardson	Runner up	Nicky Whitecross & Linda Cuthill
Fun Doubles:	To be played watch the noticeboard for next rounds		

BOX LEAGUES - the next round of challenges is here! Look at coaches board please.

To increase singles participation the next set of box leagues are up on the Coaches Notice board. Everyone please note and challenge your group. (Be mindful that it is getting dark early and note when the floodlit courts may be in use to avoid disappointment)

Coaching assistants

A special mention to Duncan MacLeod Level 2 coach and Murray Pert Level 1 assistant coach for helping at the club so professionally. Anyone looking to undertake further coaching qualifications please ask Rhona for info.

Summer attendants

A special mention to Philip and Lyle for all their hard work over the summer months. The clubhouse & administration were kept to a very high standard. We are proud of them and wish them well with their studies.

ClubMark Accreditation: We have recently undergone our first year health check and we were found to meet the criteria again to retain this very high tennis club grading.

Hosting clubs

Fettercairn : thank you to Ally Hogg for organising a friendly afternoon tennis with a great bunch of people.

Stonehaven : thank you to Graeme Walker for organising a great fun morning Montrose ladies v Stonehaven ladies with lunch following at Quay! Can't wait for the next match.

Monthly Adult tournament

The first Sunday of every month 2pm – 4pm. Thank you to Chad Neighbor who acts as referee. Please come and join in and meet new people, mixed doubles where possible depending on numbers. Don't be afraid to join in this is for all standards of play, including the older junior members. Sunday 3rd October.

Club Night Wednesdays “COME ON and GIVE it a TRY its FOR EVERY ONE” all year !

This is especially for all club members to turn up and play. A great way to meet new people and Graeme is on hand to mix up the events and groupings. For winter starting at 7.15 onwards (2 courts until 7.30)

Team practice night - Thursdays (MALE AND FEMALE)

For team league players/and those wishing to train competitively this team training is from 6.30 onwards. Graeme will be in attendance after 7pm.

CARDIO TENNIS Heart pumping, fast tennis, need to get fit - this is for you!

Monday 7.30 – 8.30pm & Thursday 1.00 – 2.00pm or by arrangement

Adult Coaching

Tuesday	Beginners 6.30 – 7.30pm	Intermediate 7.30 – 8.30pm	Advanced 8.30 – 9.30pm
Wednesday	Beginners 9.00 – 10.00am	Intermediate 10.00 – 11am	Advanced 11.00 – 12pm
Fridays	Beginners 9.00 – 10.00am	Intermediate 10.00 – 11am	Advanced 11.00 – 12pm

Tennis Tayside Winter Leagues

In the next month the fixture list for winter leagues will be arriving from Tennis Tayside. Montrose will enter as many teams as possible to compete at The David Lloyd Centre over the winter months.

Courses held at club:

Montrose attendee's on **Competition Organisers** course on Sunday 19th September were:

Chad Neighbor, Scott Lorimer, Fraser Ramsayer, Rhona Alston and Duncan McLeod held by Kirsty McRae with input from Graeme Walker

First Aid course will be held at Montrose Tennis Club on 21st November. Contact Tennis Scotland

www.tennisscotland.org

The committee meet every 2nd Wednesday of each month so please any great ideas, we are open to suggestions.

Annual General Meeting Provisional date for your diary: Thursday 2nd December 2010

Welcome to Montrose Academy

This school session the club invited Montrose Academy pupils on a Monday and Thursday afternoon. There is also a free hour of tennis coaching for Academy pupils. If new pupils are introduced to the club by a tennis club member, that club member is collecting points for their Academy Sports House team. Please encourage your friends to come along and try it while it is free.

School Tennis Competition Jamie McLaren our Sports Co-ordinator has entered Montrose Academy into this event – our first round has been drawn in NAIRN!

JUNIOR CLUB CHAMPIONSHIPS

Results and congratulations to everyone who entered, this was the largest juniors entry for many years and you all played so well. The eventual winners are:

The boys

Juniors 16 under boys	champion	Scott Lorimer	runner up	Cameron Eeles
Juniors 14 under boys	champion	Cameron Eeles	runner up	Findlay Soutar
Juniors 12 under boys	champion	Murray Soutar	runner up	Nicholas Stirling
Juniors 10 under boys	champion	Patrick Young	runner up	Lewis Fryer
Juniors 9 under boys	champion	Lewis Murison	runner up	Gregor Shellard
Boys doubles	James Sievwright and Dominic Foreman	runners up	Cameron Eeles and Murray Smith	
10 & under boys doubles		Nicholas Stirling & Orin Forbes		

The girls

Juniors 16 under girls	champion	Gillian Inglis	runner up	Rachel Howatson
Juniors 14 under girls	champion	Eve Cowan	runner up	Caitlin Young
Juniors 12 under girls	champion	Eve Cowan	runner up	Caitlin Young
Juniors 10 under girls	champion	Jennie Shanks	runner up	Suzanne Stirling (3 sets)
Juniors 9 under girls	champion	Suzanne Stirling	runner up	Molly Lindsay (3 sets)

Angus Tennis Development Tournament organised by Bill Duff

Well done to all our young players who entered, many for their first time in competition.

Under 16 boys winner	Scott Lorimer	runner up	Cameron Eeles
Under 12 boys winner	Murray Soutar	runner up	Nicholas Stirling
Under 10 boys winner	Lewis Murison	runner up	Orin Forbes
Under 10 girls winner	Jennie Shanks	runner up	Suzanne Stirling and sister Georgia Stirling

The Angus Tennis Development squad meet at David Lloyd Centre, Monifeith with Ally Duncan and this year we have many juniors taking up this opportunity.

Tennis Tayside Mini Tour

Oh how competitive our Mini players have become in all events over the summer. Especially, our mini tennis star who won the green event, Lewis Murison went forward to the Mini Tennis Grandprix at Strathallan where he won three matches and lost three. Well done Lewis.

Tennis Tayside Leagues

Juniors Super League will remain in Super league so players wishing to continue training please contact Graeme Walker for your training schedule for the winter months.

Our juniors in team 2 and team 3 struggled against older competitors in other teams and being such a young team they coped really well with all credit to them for all their hard work.

Aegon Junior team – this new league challenged our juniors but it was exciting to travel to meet Stonehaven, Cults, Rubislaw clubs.

Ceilidh Thank you to all who supported our social evening. What a great evening of dance, food and entertainment. Special thanks to Neil Werninck, Jean Stevenson and Diane Forbes.

Introducing our youngest juniors!

Congratulations to Donald and Lesley Watson on the arrival of Noah's little sister Ava

Congratulations to Ritchie & Carole on the addition to their family, a little sister Evie for Findlay to play with.

Have a lovely October break whether you are on holiday or at tennis camp. Keep practising and make the most of your playing opportunities. It is tennis that unites us so enjoy your sport and the new floodlights. Although Simone is far away in Canada she asks you all to keep sending her news for website please.

COACHES TIP OF THE MONTH

Serving - probably the most important shot in tennis but the least practiced.

Tips:

- **be very deliberate when serving; go through the same routine each time before serving -the serve is the only chance you have of hitting a ball before your opponent touches it.**
- **concentrate on making the first part of your swing slow and the second part fast. Do not abort the follow through.**
- **don't take your eye off the ball when you serve - keep your head up.**

Graeme Walker 07732044814